



Individual Contests

Novice Contest

Part - Service.

- Open to “first-timer” competitors only. “First-timer” is defined as a competitor’s first time competing at a Grand Assembly Session Ritual Competition.
- Compete and judged in Div I, II, III age levels.
- Competitor will be judged on ritual and performance.
- A chair, pedestal, ribbon and ribbon weight will be provided.
- No walking floorwork is required or will be judged.
- *The action of replacing the ribbon and weight is not judged.*

Floorwork:

- Competitor will begin seated.
- Competitor stands.
- Competitor completes the part, replaces ribbon and ribbon weight on pedestal.
- Competitor is seated.

Division I Contest (ages 11-13)

Parts:

- Section A – (1st part) **Fidelity** & (2nd part) **Patriotism**
- Section B – (1st part) **Religion** & (2nd part) **Immortality**
- Section C – (1st part) **Love** & (2nd part) **Nature**
- A competitor may not compete in the same Section more than once.
- Example: if the competitor chose Section A for 2023, then Section B for 2024, competitor must compete in Section C for 2025.
- Competitor will perform the contest parts in the following order:
 - the 1st part then proceeds to
 - the 2nd part of the chosen section.
- Competitor will be judged on ritual, floorwork, and performance.
- A chair, pedestal, ribbon, and ribbon weight will be provided for each part.

Floorwork:

- Competitor will begin seated at 1st part.
- Competitor stands.
- Competitor completes 1st part, replaces ribbon and ribbon weight on pedestal, and is seated.
- Competitor stands.
- Competitor takes:
 - one step to the left,
 - two steps backward, and
 - one to the right.
- Competitor turns and goes directly to a position behind the next Color Station’s chair.
- Competitor takes:
 - one step to the left,
 - two steps forward, and
 - one to the right.
- Competitor is seated.
- Competitor stands.
- Competitor completes 2nd part, places ribbon and ribbon weight on pedestal, and is seated.
- *The action of replacing the ribbon and weight is not judged.*



Individual Contests (continued)

Division II Contest (ages 14-16)

Parts: Chaplain's Prayers

- Opening Ceremony Prayer
- Initiation Ceremony Prayer
- Closing Ceremony Prayer
- Competitor will perform the contest parts in the following order:
 - Opening prayer, complete the part and proceed to
 - Initiation prayer, complete the part, and proceed to
 - Closing prayer.
- Competitor will be judged on ritual, floorwork, and performance.
- The room will be set up to include the 3 chairs in the East for Chaplain, WA, and MA; East podium, Altar, Stations for Charity, Faith, Immortality and Worthy Associate Advisor.

Floorwork:

○ Opening & Closing

- Competitor will begin seated at her station.
- Competitor will stand.
- Competitor moves to the North side of the podium facing South.
- Competitor begins the part.
- Competitor gives the sign of the Rainbow and bows her head for entire prayer.
- Competitor completes the part.
- Competitor returns to her station.
- Competitor is seated.

○ Initiation:

- Competitor stands.
- Competitor *{together with the Worthy Advisor}* moves to the marching lane, then
 - ◇ takes two sidesteps to the right,
 - ◇ three steps forward,
 - ◇ two sidesteps left, to be directly between the Altar and the East,
 - ◇ proceeds West to the Altar.

{due to space limitations in the competition room the requirement for stopping 3 feet from the Altar is eliminated for competition purposes only.}
- Competitor:
 - ◇ turns North,
 - ◇ moves past Faith's Station,
 - ◇ turns West,
 - ◇ proceeds into the Bow to a position directly behind where the kneeling candidate would be.
- Competitor kneels as described in the ritual.
- Competitor completes the part.
- Competitor stands, arising on the right foot.
- Competitor:
 - ◇ proceeds out of the north side of the Bow,
 - ◇ moves past Faith's station.
 - ◇ Proceeds to the West side of the Altar.
- Competitor turns South *{Worthy Advisor turns North}*
 - ◇ moves toward *{Worthy Advisor}*,
 - ◇ turns East.
- Competitor *{together with Worthy Advisor}* moves to a point directly in front of the podium
 - ◇ takes two sidesteps to the left,
 - ◇ three steps forward, and
 - ◇ two sidesteps to the right, to a position in front of her station
 - ◇ faces West.
- Competitor is seated.



Ritual Competition Information

Individual Contests (continued)

Division III Contest (ages 17-20)

Parts:

- Worthy Advisor's altar lecture (*pages 45-46*), and
- Charity's Pot of Gold lecture
- Competitor will perform the contest parts in the following order:
 - Worthy Advisor's part, then proceed to
 - Charity's Pot of Gold Lecture.
- Competitor will be judged on ritual, floorwork, and performance.
- The room will be set up to include the 3 chairs in the East for Chaplain, Worthy Advisor, and Mother Advisor, East podium, Altar, Station for Immortality, 1 chair in the North for Charity, North podium*, Pot of Gold, its cover and contents. **as the North podium is not large enough for the Contents of the Pot of Gold after each item is presented a small table will be available for the competitor's use to hold the items after presented.*
- Optional: Competitor may choose to hold a Bible and ribbons while performing the Altar Lecture. If Competitor chooses this option competitor will place the Bible and ribbons on the table at the side of Charity's station. No actions related to Bible and ribbons and use of these items will be judged.
- Competitor will be judged on ritual, floorwork and performance.

Floorwork:

- Competitor will begin standing at the East side of the Altar facing West.
- Competitor completes the part.
- Competitor moves to Charity's station using the marching lanes. *This movement is not judged.*
- Competitor is seated.
- Competitor stands.
- Competitor completes the part including floorwork and movements as per the Ritual.
- Competitor is seated.



Individual Contests (continued)

Super 7

Parts: 7 Initiation Bow Lectures

- Any active Rainbow Girl is eligible.
- This contest is not judged in age Division levels.
- Competitor will be judged on ritual, floorwork, and performance.
- Competitor will perform the contest parts in the following order:
 - Love, complete the part, then proceed to
 - Religion, complete the part, then proceed to
 - Nature, complete the part, then proceed to
 - Immortality, complete the part, then proceed to
 - Fidelity, complete the part, then proceed to
 - Patriotism, complete the part, then proceed to
 - Service.
- The room will be set up to include the following for each station:
 - Pedestal
 - Chair
 - Appropriate color ribbon and weight.

Floorwork:

- Competitor will begin seated at 1st part.
- Competitor stands.
- Competitor completes 1st part, replaces ribbon and ribbon weight on pedestal, and is seated.
- Competitor stands.
- Competitor takes:
 - one step to the left,
 - two steps backward, and
 - one to the right.
- Competitor turns and goes directly to a position behind the next Color Station's chair.
- Competitor takes:
 - one step to the left,
 - two steps forward, and
 - one to the right.
- Competitor is seated.
- Competitor stands.
- Competitor completes next part, places ribbon and ribbon weight on pedestal, and is seated.
- These actions are completed for each contest part.
- Competitor is seated at the completion of the 7th contest part.
- *The action of replacing the ribbon and weight is not judged.*

Mother Advisor Contest

Parts:

- Opening Ceremony part,
- Initiation Ceremony part,
- Closing Ceremony part.
- Open to currently installed Mother Advisors only.
- No floorwork is required or will be judged.

All Mother Advisors are encouraged to participate 😊