# Big Sister/Little Sister Program - Adult Advisors

Assigning a Big Sister to a new member (Little Sister) will help to ensure that she has a mentor within the Assembly to help her directly. As a new member becomes active, and gets to know other members better, they will usually pick their own mentor. But, it is important that new members are given special attention early to ensure that they remain active in Rainbow! Rainbow has its own special words and language and a special way of doing things. New members need this information and the best way to deliver it to them is from another member.

A successful Big Sister should have three important qualifications: A member of Rainbow at least one year, be at least 14 years old, and, can be depended on to follow through. A Big Sister should be established in the Assembly and be knowledgeable about Rainbow ritual, customs, and procedures. A Big Sister should be willing to commit several months to mentoring her Little Sister and be a girl who has been regular in her attendance and participation.

#### A Big Sister should be willing to:

Make her Little Sister feel welcome.

Call and/or E-mail her Little Sister to get to know her better and to keep her informed of meetings and events.

Provide a schedule of events to her Little Sister.

Offer to provide her Little Sister transportation to meetings and events.

Meet and greet her Little Sister at meetings and events.

Help her Little Sister to become acquainted with other members and adults in the Assembly.

Help her Little Sister understand the proper dress code for each type of event.

Sit next to her Little Sister during meetings if possible and answer questions she might have.

Send her Little Sister a Birthday Card or cards of encouragement.

Help her Little Sister in the memorization of the "Obligation" and "Secret Work".

ach her Little Sister how to properly perform the "Sign of Rainbow".

explain to her Little Sister that she needs to remember "The Word" and the correct and persons to give it to.

Explain the Raps of the Gavel to her Little Sister.

Explain "Introductions" to her Little Sister, including how to give Supreme and Grand Honors.

Explain and demonstrate to her Little Sister how we pray and proper respond to a prayer.

Explain and demonstrate to her Little Sister the proper way to sit in an Assembly Room.

Explain and demonstrate to her Little Sister how to enter an Assembly meeting late or leave an Assembly meeting early.

## The Assembly should provide to the New Member (Little Sister):

Ritual, Gold Book of Instruction, Supreme Statutes, Assembly By-Laws

Universal Dress Code and Jurisdictional Dress Code

Responsibilities of Officers, and requirements to run for Faith

Universal Merit System Book

Copy of the words to "My Rainbow"

Texas Rainbow News Subscription, and Assembly News Letter or Bulletin

Assembly, Jurisdictional, and International web site addresses

Be given contact information for her Big Sister.

Be given a membership roster and calendar of events.

Be encouraged to ask questions and give feedback.

Be included with some member at every event for her first few months in the organization -

Advisory Board Members should also be mentoring the parents of our new initiates just like a Big Sister would mentor her Little Sister.

erence: RU: Supporting Membership, Version 1.4, pages 35, 53 and 54. RU: Training Leaders, Version 3.6, page 107. Rainbow Renewal Task Force

# Big Sister/Little Sister Program - Rainbow Members

When you as a Rainbow Girl take on the responsibility of being a Big Sister, you can make a difference whether the new member remains active or not. It is your responsibility as a Big Sister to make sure that the new member is made to feel welcome, and is included in all projects, events, and meetings of the Assembly. A Big Sister should be helpful in explaining to a new member how to conduct themselves during meetings, appropriate dress for various activities, and help with memorization of Ritual Work.

If you take on the responsibility of a Big Sister role and don't follow through, the new member could be made to feel unwelcome or embarrassed when she does not know the intricacies of our meetings and Ritual. If she is embarrassed or feels unwelcome will she come back? Your role as a Big Sister is a leadership role that is very important.

### Responsibilities of a Big Sister to her Little Sister:

Make her feel welcome.

Call and/or E-mail her - get to know her better and keep her informed of meetings and events.

Provide a schedule of events.

Offer to provide transportation to meetings and events.

Meet and greet her at meetings and events.

Help her become acquainted with other members and adults in the Assembly.

Help her understand the proper dress code for each type of event.

Sit next her during meetings if possible and answer questions she might have.

Cend her Birthday Card or cards of encouragement.

Ip her in the memorization of the "Obligation" and "Secret Work".

ach her how to properly perform the "Sign of Rainbow".

Explain to her that she needs to remember "The Word" and the correct time and persons to give it to.

Explain the Raps of the Gavel.

Explain "Introductions", including how to give Supreme and Grand Honors.

Explain and demonstrate how we pray and proper respond to a prayer.

Explain and demonstrate the proper way to sit in an Assembly Room.

Explain and demonstrate how to enter an Assembly meeting late or leave an Assembly meeting early.

#### A Big Sister should make sure her Little Sister has:

Contact information for her Big Sister.

Be encouraged to ask questions and give feedback.

Be included with some member at every event for her first few months in Rainbow.